



EPA EATING DISORDERS SECTION REPORT 2021

SECTION COMMITTEE MEMBERS:

Chairperson: Prof. Palmiero MONTELEONE

Co-chairperson: Prof. Janet TREASURE

Secretary: Prof. Dr. Gabriella MILOS

Councilor:

LAST SECTION COMMITTEE ELECTIONS HELD:

Date: June, 2020

Venue: Online

ACTIVITIES OF THE SECTION IN 2021:

Meetings/events

Advances in the Pathophysiology of Eating Disorders: Implications for treatment

Description:

Anorexia nervosa (AN) and bulimia nervosa (BN) are severe eating disorders (ED) with potential life-threatening complications. Although the efficacy of treatments varies among studies, a recovery average of 30% of ED patients is acknowledged. In addition, high rates of drop-out and relapse contribute to a low efficiency of available treatments. Therefore, there is a need to improve the knowledge of the pathophysiology of these disorders in order to identify possible treatment targets and propose more accurate therapeutic interventions. The aim of this symposium is to illustrate new advances in the pathophysiology of EDs, which might provide a theoretical pathogenetic link between alterations in specific brain and/or peripheral systems and ED psychopathology in order to suggest new perspectives for prevention and/or treatment of AN and BN. To this purpose, Prof. F. Fernandez-Aranda (Barcelona, Spain) will discuss personality, cognitive and neurobiological markers associated with therapy response in EDs. Prof. Valdo Ricca (Florence, Italy,) will present the role of the reward system in EDs. Prof. Milos Gabriella (Zurich, Switzerland) will illustrate the role of hypoleptinemia in anorexia nervosa and will present the first experiences with off-label treatment with metreleptin, a leptin analogue. Dr. Philibert Duriez (Paris, France) will analyze factors that drives the increase of insight of patients treated for EDs.

Location: EPA 2021 Virtual Congress

Start date: 12/04/2021

End date: 12/04/2021

FUTURE ACTIVITIES:

Meetings/events



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New Frontiers in Psychopathology and Treatment of Eating Disorders

Description:

Eating disorders (EDs) are severe psychiatric conditions with potential life-threatening complications. Although, the overvaluation of shape and weight are believed to be the central core of ED psychopathology, recent studies also demonstrated the centrality of general psychiatric symptoms (anxiety and depressive symptoms, post-traumatic stress symptoms, autism spectrum disorder symptoms, interpersonal problems and ineffectiveness) together with ED core symptoms (drive to thinness and interoceptive awareness) in patients suffering from anorexia nervosa, bulimia nervosa or binge-eating disorder. Therefore, there is a need for clinicians and researchers to provide a detailed characterization of the patient's psychopathology in order to identify possible treatment targets, characterize new pathophysiological mechanisms and propose more accurate therapeutic and prevention interventions.

The aim of this symposium is to illustrate new advances in psychopathology and treatment of EDs, which may provide a more comprehensive clinical evaluation of people suffering from these conditions in order to suggest new perspectives for research, prevention and/or treatment of EDs. To this purpose, Prof. Kate Tchanturia (London, UK) will discuss the relationships between EDs and autism spectrum disorders. Prof. Alessio Maria Monteleone (Naples, Italy,) will present the impact of the recent COVID-19 pandemic on the psychopathology and treatment of people suffering from an ED. Prof. Ashish Kumar (London, UK) will illustrate new advances in the treatment of children with EDs. Prof. Fernando Fernandez-Aranda (Barcelona, Spain) will analyze factors that predict the outcome of treatments in person with EDs.

Location: Budapest EPA Congress 2022

Start date: 04/06/2022

End date: 04/06/2022



EUROPEAN PSYCHIATRIC ASSOCIATION



EPA EATING DISORDERS SECTION REPORT 2021

Eating Disorders Section

Description:

Eating Disorders Section business meeting

Location: Budapest EPA Congress 2022

Start date: 04/06/2022

End date: 04/06/2022

FUNDING IN 2021

Income: NaONE

Source(s) of funding:

NONE

Expenditure: NONE

Balance: ZERO

EPA Treasurer audit: No

Confirmation that income / expenditure is via EPA: No